

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m. **Unless there is a scheduled activity.**



- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Spring scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER
APRIL, 2014**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every Tuesday morning from 10 to 12. Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational & a super way to meet new friends.



April 1st - Ceramic Eggs
April 8th - Rabbits & Yellow Chicks
April 15th - No Class/Easter Egg Project
April 22nd - Spring Floral & Bows
April 29th - "Catch Up"

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at **Northwood Retirement Community in Jasper at 10 a.m. on Friday April 25th.**



- **BINGO:** Will be played at **12 p.m. Tuesdays, April 1st, 15th & 29th.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m.

BINGO									
7	25	44	57	62					
15	22	40	50	70					
11	30				FREE SPACE	46	74		
2	28	37	55	68					
10	27	39	59	75					

*****You may want to bring a sweater or jacket, it sometimes gets cool.**

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, April 1st, 15th & 29th.**



- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

CARD TOURNEYS



- **Thursday, April 3rd**
Cinch Tourney
- **Thursday, April 10th**
Sheephead Tourney
- **Thursday, April 17th**
Rum Tourney
- **Thursday, April 24th**
Euchre Tourney

Tournaments begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played twice this month; **Mondays, April 7th & 28th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 10 a.m.** the day of the game.

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Friday, April 11th.** It is a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning. **Please call in by 10 a.m. if you are coming in to play.**



- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. on Friday, April 4th & Tuesday the 22nd.** Bring your change, we play for 10¢ a round and 25¢ a game. **Please let us know by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **TRIPOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Tuesday, April 8th & Wednesday the 16th.** We have a lot of fun! **Please call in by 10 a.m. game day** if you would like to play.

- **SCRABBLE:** Join the group playing Scrabble at **12:30 p.m. on Tuesdays, April 8th & 22nd.** **Please sign-up by 10 a.m. game day** if you plan to attend.

- **PHASE-10:** Will be played on **Wednesday, April 9th at 12:30 p.m.** It is a fun easy card game. **Please call in by 10:00 a.m. the day of the game** if you would like to play.

- **HEARTS:** Is a fun game we will play at **12:30 p.m. on Wednesday, April 2nd and Friday the 25th.** We play a quarter a game with low score winning. **Call in by 10 a.m.** if you will be able to come in to play.



SPECIAL ACTIVITIES

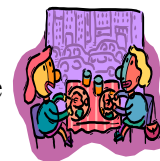
- **BOOK CLUB:** Will meet **Thursday, April 10th at 12:30 p.m.** to discuss **“Whitethorn Woods” by Maeve Binchy.** The May book selection is **“Final Justice” a mystery thriller by Rick Reed.** The book begins with Detective Jack Murphy hearing his ex-wife is engaged to the Chief Deputy Prosecutor. The day gets worse when a murder is committed. Are the murder and engagement connected? Read the book to get the answers.



- **BOOMERAMA:** **Monday, April 21st at 12 p.m.** Amy Wardow from The Indiana Attorney General’s Office, will give a presentation on Senior Scams and identity theft. The presentation is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Thursday, April 17th.**



- **LUNCH BUNCH:** We invite you to join us at **Li’s Super Buffet on Wednesday, April 9th at 11 a.m.** The buffet is **\$6.25 plus \$1.00 for your drink.** All seniors will receive a **10% discount.** We always go “dutch treat”. Come enjoy good food and visit with old friends & make new ones! Please make your **reservations by 3 p.m. Thursday, April 3rd.**



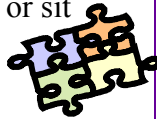
- **CATERED MEAL:** Will be **Wednesday, April 30th at 12 p.m.** A delicious meal of Bar-B-Q pork chops, cheesy potato casserole, glazed carrots, green beans, sweet & sour slaw, bread and unsweetened tea will be provided by Sander Catering. Cost of the meal is \$8.50 per person. Please make your **reservations by 3 p.m. Monday, April 14th.**



- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



- **PUZZLES:** We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. (If you can play on Wednesday please call in by 10 a.m. to let us know)** New players are always welcome.

APRIL

Tropicana Evansville

Wednesday, April 23rd. Buses will leave the Jasper Armory at 8:45 a.m. picking up at 9 a.m. in Huntingburg. Cost of the trip is \$15.00 due by 3 p.m. Friday, April 11th. **Be sure to bring your driver's license or government issued photo identification.**



Derby Dinner

Singing In The Rain

We will be attending the matinee performance on **Tuesday, April 29th** We will leave the Jasper Armory at **9:30 a.m.** and pick-up in Huntingburg & Ferdinand if requested. The cost of the trip is **\$61.00** and includes: transportation, buffet and show ticket. **Sign-up begins at 7:30 a.m. on Tuesday, April 1st. with money due by Friday, April 11th at 3p.m. Due to the popularity of this play we have 2 buses reserved.**



MAY

Baseball Game

We will be taking our 4th annual baseball trip to see the St. Louis Cardinals versus the Cubs at St. Louis on **Thursday, May 15th.** The game has a 1:45 p.m. (Eastern) start time. **Cost of the trip is \$65.00** which includes seat in Section 129 of the Lower Right Field box and transportation. Food and drink will be on your own. We will leave the Jasper Armory at 8 a.m. with pickups in Huntingburg at 8:15 a.m. Small 16"x16"x 8" bags/coolers are allowed in the ballpark with food and non-alcoholic beverages in **plastic containers only. (No 2 liter bottles are allowed.)** Sign-up by phone starting at 7:30 a.m. Monday, April 1st and money will be due Monday, April 8th. If you have questions please give us a call or visit www.stlouiscardinals.com for more information.



Azalea Path Arboretum and Toyota

A trip to the arboretum & botanical garden is scheduled for **Wednesday, May 14th.** We will leave the Jasper Armory at **9:15 a.m. and pick-up in Huntingburg at 9:30.** A guided tour of the Azalea Gardens will be provided followed by a box lunch on the porch from Rz Catering. Choose between a chicken salad croissant, fruit salad & strawberry pretzel salad or club croissant, pasta salad & pineapple pretzel salad (includes drink). Next stop will be a riding tour of the Toyota Plant in Princeton. The Toyota plant requires those going to wear: long pants, long sleeve shirt or jacket and closed toed shoes, (sorry no sandals). **Cost of the trip is \$40.00 for transportation, tours and lunch. Sign-up by phone beginning at 7:30 a.m. Tuesday, April 8th. Money is due by 3 p.m. Monday, April 21st.**

MEDICATION COLLECTION

The National Prescription Drug Take-Back Day will be **Saturday, April 26, 2014.**



COLLECTION SITES:

JASPER: Jasper State Police Post 2209 Newton from 10:00 a.m. - 2:00 p.m.

DUBOIS: Fire Station, 4579 N Second Street from 10:00 a.m.- 12:00 p.m.

St ANTHONY: Fire Station, 4068 E 450 S from 10:00 a.m. - 12:00 p.m.

Please take this opportunity to discard all unused or outdated medications. They will be disposed of in a safe environmentally friendly way at no cost to you. No Sharps.

RAINBOW MESSENGER

• **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day.

• **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



• **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

VOLUNTEERS NEEDED

We will have our Easter Egg Fundraiser on Monday, April 14th at 8:30 a.m. We will cook & color the eggs the same day. You can help with either cooking or coloring or both. A lunch will be provided for all helpers. **Please call the Center at: 482-4455 and sign-up to help with this fun project .**



ORDER YOUR EASTER EGGS!

Call The Center at 482-4455 between 8:00 a.m. & 3:45 p.m. and reserve your Easter Eggs. They will be **\$4.00 per dozen** and can be paid for and **picked up between 8:00 a.m. and 3:45 p.m. Tuesday, April 15th thru Thursday, April 17th. The Center will be closed Friday, April 18th,** in observance of Good Friday.



HAPPY BIRTHDAY



3 rd	Esther Englert
4 th	Lelani Wittwer
5 th	Pearl Spayd
13 th	Susie McKee
13 th	Frieda Messmer
15 th	Joyce Voegerl
18 th	Mary Elizabeth Gross
22 nd	Ken Steltenpohl
23 rd	Bernie Heath
24 th	Elaine Reuber
24 th	Emily Kalb
24 th	Matilda Burger
28 th	Norida Hilgeman
30 th	Bonnie Wininger

Anniversaries



4 th	Hilary & Marilyn Lampert
9 th	Russell & Priscilla Starkey
10 th	Conley & Mary Letterman
16 th	Denny & Mary Moeller
20 th	Earl & Shirley Knust
21 st	Tom & Marian Hopf
30 th	Jerry & Ann Summers

Recipe Exchange



Coconut Angel Squares

Ingredients:

1 prepared angel food cake (8"), cut into 1/2" cubes
1 1/2 cups cold milk
2 packages (3.4 ounce) instant coconut cream pudding mix
1 quart vanilla ice cream, softened
1 carton (8 ounce) frozen whipped topping thawed

1/4 cup flaked coconut, toasted

Directions: Place cake cubes in a greased 13" x 9" dish. In a mixing bowl, beat milk and pudding mixes on low speed for 2 minutes. Add ice cream; beat on low just until combined. Spoon over cake cubes. Spread with whipped topping; sprinkle with toasted coconut. Cover and chill for at least 1 hour. Refrigerate leftovers.

Submitted from: Taste of Home Magazine
Have a good recipe to share? We would be happy to publish it.

CENTER CLOSED

The Habig Center will be closed Friday, April 18th & Sunday the 20th in observance of Good Friday and Easter Sunday.

Happy Easter from the Entire Staff!

